

## Trail Information:

Length of Trail: 3.7 miles

Trail Type: compacted soil with occasional rocky areas and some stream crossings

ADA Accessible: No

Restroom/Drinking Fountain: Yes

Other: Tahoe/Pyramid Trail provides an ADA accessible pathway to walk along the river and provides access to picnic areas

Photos by: Kayla Sherman and Hannah Sonnenberg



## History Highlights:

- This area, once known as Hunter's Station, was renamed in 1893 to Mayberry's Landing when James Mayberry bought the land from John Hunter
- After purchasing the land, James Mayberry used this space to move rail and timbers over the mountain pass to help build the transcontinental railway
- Tom Cooke Trail is named in memory of Tom Cooke, a Reno-born lawyer who began walking the Steamboat Ditch Trail everyday after he experienced a heart attack
- Tom Cooke Trail was created to connect the Truckee River to the Steamboat Ditch, built to collect storm water.

## Local Biodiversity:

### Narrowleaf Willow:

**Identification:** Narrowleaf Willow is a shrub-tree that grows up to 33 ft. tall. The leaves are flat, linear, and silky green. The flowers, called catkins, are green and look like a fluffy spike.

### Fun Facts:

- Willows are rhizomatous, meaning they can grow new shoots from their roots, enabling them to resprout quickly.
- They flower from March to May and grow along rivers, marshes, and ditches.
- Willows are an important food source for many species, such as mule deer, waterfowl, and beavers.
- The stems are flexible and are used to make baskets, scoops, and fish traps
- Willows produce salicin, a chemical which acts similarly to aspirin
- The medicinal properties alleviate toothaches, stomachs, sore throats, and help the healing process of wounds



### Resources:

"Salix exigua", Flora of North America, [http://www.efloras.org/florataxon.aspx?flora\\_id=1&taxon\\_id=242417199](http://www.efloras.org/florataxon.aspx?flora_id=1&taxon_id=242417199)

"Narrowleaf Willow", iNaturalist, <https://www.inaturalist.org/taxa/59008-Salix-exigua>

### American Dipper :

**ID Characteristics:** American Dippers are chunky, round-bodied birds with slate grey and brownish plumage. Watch carefully and you may see them blink to reveal their white feathered eyelids. Dippers have long, dark bills, long legs, and a short tail. They eat macroinvertebrates and can be found along rushing waters constantly bobbing up and down.

### Fun Facts:

- The American Dipper is the only true aquatic songbird of North America
- American Dippers don't migrate, so they have a thick coat of feathers and low metabolic rate to help them survive while searching for food in icy, winter water
- Males and females work together to weave a ball-like nest, keeping their nestlings safe by hiding it along cliff edges, under bridges, or even behind waterfalls

**Resources:** "American Dipper", Life History, All About Birds, Cornell Lab of Ornithology, [https://www.allaboutbirds.org/guide/American\\_Dipper/lifehistory](https://www.allaboutbirds.org/guide/American_Dipper/lifehistory).



Photo By:  
Ben Sonnenberg

## Learn More:

Visit the Mayberry Park page on Washoe County Parks website:

[https://www.washoecounty.us/parks/parks\\_and\\_trails/park\\_directory/truckee\\_river\\_district/mayberry\\_park.php](https://www.washoecounty.us/parks/parks_and_trails/park_directory/truckee_river_district/mayberry_park.php)